



About Us:

- A New Day, Inc. is a non-profit community-based youth and family service provider
- The agency was founded in 1975 as a home for run-away youth
- A New Day was incorporated in 1976 with a 501(c)3 tax category

Our Mission:

- To provide refuge, education, prevention, intervention, and therapeutic services to youth at-risk in our Central New Mexico communities

Locations:

Administrative Office

1330 San Pedro NE, 201-B
Albuquerque, NM 87110
Phone: (505) 260-9912
Fax: (505) 260-9934

Shelter Facility

2820 Ridgecrest SE
Albuquerque, NM 87108
Phone: (505) 938-1060
Fax: (505) 938-1064

Downtown

925 Luna Circle NW
Albuquerque, NM 87102
Phone: (505) 243-9707
Fax: (505) 260-9934

Valencia County

475 Courthouse Rd SE
Los Lunas, NM 87031
Phone: (505) 730-0842
Fax: (505) 260-9934

Sandoval County

1424 Deborah Rd. SE, STE 205
Rio Rancho, NM 87124
Phone: (505) 892-4646
Fax: (505) 892-4775

Services:

▶ **The Shelter** serves youth ages 11 to 17 who have been abused, neglected, abandoned, exploited, and those who have runaway. We provide temporary emergency shelter and clinical services while working to arrange safe and secure long-term placements.

▶ **Clinical Services** are offered at the Shelter, three outpatient clinics, and in a number of Albuquerque and Rio Rancho schools. Clinical provides individual, family, group, and experiential counseling geared to empower youth and families to develop skills to better deal with life's complexities. Therapeutic methods include Solution-based Brief Therapies, Sand Tray & Play Therapies, and Equine Assisted Learning.

Community Support Services (case managers) engage clients and their families in a collaborative process of assessment, planning, skills development, and advocacy designed to meet therapeutic goals while addressing immediate needs.

▶ **Crisis Hotline: 1-505-938-1060**

Life Skills Training includes school-to-work transition skills, study skills, and social skills structured to help participants realize they not only have the ability to improve their lives, but also the responsibility.

▶ **Educational Programs** are designed to meet the needs of clients having difficulty with life issues such as school performance, delinquency, substance use, minor criminal activity, and child abuse & neglect – but may not want or need formal therapy.

Gender Specific Groups [Girls Circle & Boys Council] give participants the opportunity to learn how to effectively deal with life issues by promoting a safe and healthy passage through pre-teen and adolescent years.

The FAST Program [Families & Schools Together] is a collaborative effort with Albuquerque Public Schools that includes parents in building relationships and protective factors for children addressing problems of school success and family, school, and community relationships.

▶ **The RAC Program (Reception & Assessment Center)** diverts first-offender youth ages 8 to 17 who have committed status offenses or low level misdemeanors away from juvenile incarceration and toward community-based services. All referrals are made by law enforcement personnel.

▶ **C.A.T.S. [Creating Awareness, Tools & Strategies]** is designed to make prevention, intervention, educational, and therapeutic services available to uninsured and underinsured children, adolescents, and their families seeking assistance in Central New Mexico, regardless of their financial status or ability to pay.

▶ **A New Day's Management Team:**

Don McLeod - Executive Director
Karen Anderson – Education Director
Linda Diabo - Shelter Director
Patricia DuBois – Clinical Director
Krista Parr – Administrative Director

▶ **Visit us at www.ndnm.org** for more information about our agency.

Volunteer Opportunities: See our website www.ndnm.org or call (505) 260-9912

A New Day Youth and Family Services is an NMMFA and United Way of Central New Mexico sponsored agency.